

ACTION KARATE

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Dedicated to your personal growth

CHILD SAFETY TIPS

The 3 reasons you are an easy target for random acts of violence:

1. Lack of Awareness
2. Body Language
3. Wrong place at the wrong time.

SMART STANCE

INTUITION

DO:

Trust your instincts
Stay alert. Know where you are and where you are going.
Give up whatever possessions a robber wants
Lock your car door as soon as you get in
Have someone walk you to your car at night
Have enough gas in your car
Check under your car and in the backseat before you get in
Park in a well lit area
Have the keys to your car or house ready
Carry your purse close to your body
Always assume a gun is loaded
Do make great eye contact
Always keep your back straight
Be aware of the cars/vans around your car in the parking lot
React immediately
Yell **FIRE** not help
SCREAM, SCREAM, SCREAM
RUN, RUN, RUN

Michael McCreery is the Head Instructor of Action Karate. Action Karate specializes in character development in children. Mr. McCreery specializes in helping children and adults raise their level of achievement. He is available for motivational, child safety and self defense seminars.

Mr. McCreery may be reached at 215-348-7110 or actionkarate@verizon.net

DON'T:

Jog or walk by yourself

Hitchhike

Take short cuts through empty lots or woods

Ever play with a gun

Ever go to a secondary crime scene

Look like a victim

Walk with your head down

Fall for a story which plays on your sympathy (lost dog, handicapped person
etc.)